

PACKING LIST FOR YOTSUKAIDO TRIP STUDENT AMBASSADORS

Below is a suggested packing list for student ambassadors going to Yotsukaido, Japan. Please remember to label things that can easily be lost, misplaced or difficult to identify. That includes backpacks, cameras, jackets, and anything else you think needs labeling.

Gift ideas for your host families follows the packing list.

School Attire:

Boys: Long pants (Dockers, no BLUE jeans), nice shirts (polo's, collared), new pair of tennis shoes to take with you to school (never worn outside)

Girls: Long pants (no BLUE jeans) or dress/skirt (but **not** a short one), new pair of tennis shoes to take with you to school (never worn outside)

Reception Party Attire:

Same as School Attire (but you don't need the extra shoes) or nicer

Regular Attire: (clothes must be Livermore school appropriate)

Boys: Jeans or shorts, shirts, sweatshirt/light jacket, tennis shoes/walking shoes

Girls: Jeans or shorts, shirts, sweatshirt/light jacket, tennis shoes/walking shoes

Personal Items:

Slippers, toothbrush, toothpaste, hairbrush/comb, deodorant, daily medications, etc and as appropriate (do not carry these on the plane)

Other Items:

Underclothes, socks, pajamas, bathing suit, small umbrella or poncho, small backpack or fanny pack, Japanese-English dictionary, camera and film, book/deck of cards/etc for plane trip, international phone card (if need), small flashlight, gift(s) for host family, school homework (make copies of textbook pages rather than taking the textbook, when possible), wallet or some way to carry cash

Keep in mind as you pack:

- Students are responsible for carrying ALL their own luggage through the airport, and in and out of vehicles (buses, cars)
- Students are responsible for carrying personal items (money, camera, extra sweater, etc) as we sightsee in Tokyo, attend school, and other outings
- Yotsukaido students wear formal uniforms to school
- Students are representing Livermore, California and the United States – so look nice (**if you are not sure if it is appropriate or not, leave it at home**)
- Weather in Yotsukaido is similar to Livermore but expect some rain
- Do not count on the host family to launder any clothes

- Shoes are often NOT worn inside homes. Japanese students have clean (new) shoes for school that have not been worn outside.
- This is a general list – think about what is best for you. Try not to over pack.

GIFT IDEAS (These do not need to be expensive. Try to support our Livermore shops, as this is a city-sponsored program.)

- Livermore magnets and other mementos, Livermore note cards
- Small photo albums
- Garden gloves for host families who garden
- Photo books of Livermore or the Bay Area
- Coffee
- Unusual kitchen items
- Baseball caps, deflated soccer balls (from LYSL)
- Livermore T-shirts
- See's candy